Co-production and a Partnership Approach

In order to develop skills, competence and capacity in terms of better meeting mental health and wellbeing needs, NHS and education services will be involved in co-production activities in partnership with school staff. This is to be undertaken across localities of schools.

The 'strategic themes' list shows the areas for development that will need to be developed at a systemic level in schools. The 'individual subject areas' are the aspects of mental health development that can be implemented as a result of developing effective systems i.e. universal level or at a targeted level by identified staff.

The aim of the trailblazer project is to embed good practice so effectively, that when the one year funding has ended, schools and local support staff will be able to continue to work together to meet need. Hence the importance of a partnership approach.

Strategic Themes

Communicating with Children and Young People over mental health, barriers, positive interaction, listening, differentiating communication to meet need, modelling good mental health behaviours

Self-management of mental health and wellbeing: building transference and independence

Local Networks and Services: linking school, family and child for intervention, local offer, local services, nurses, local authority, CAMHS, teaching services, nursing, role and function

Parents: parent voice; parental expectations of children, parental mental health, substance misuse, impact of debt on families

Role of SEMH champion and proactive within school systems for intervention and identification;
- developing a culture of respect for emotional wellbeing in schools and whole school approaches;
- introducing the concept of mental health and wellbeing including mental ill health,
- working with senior managers in schools,
- SEN code of practice and SEMH,
- universal and targeted strategies,
- Policy development
- Assessing SEMH
- SEMH as a form of communication

Staff burnout and secondary trauma in staff and pupils; staff mental health and resilience, staff self-monitoring, staff resilience, support for staff

Suicide and self-harm prevention

Critical incidents

Antibullying

Transition

Individual Subject Areas

ACE

ADHD

Adolescent relationships

Anxiety

ASD

Attachment

Behaviour is a form of communication

Child development

Childs voice

Counselling techniques and non-judgemental listening techniques

Cultural differences

Depression and low mood

Domestic abuse

Drugs and alcohol

Eating disorders

Exam stress and exam results

Family networks and mental health

LAC

LGBTQ

Mental health Act 2007 and Mental Health Capacity Act 2005

Motivational interviewing

National agencies

OCD

Psychosis

Resilience

Risk factors and protective factors wellbeing and provision to support

Safeguarding

Self-harm

Separation anxiety

Separation and loss

Sexualised behaviour

Social media networks and mental health

Solution focused techniques

Stigma

Trauma