



Group	Description	Age
<b>Baby Breakfast</b>	Come and join us for breakfast- expectant and new mums are welcome to attend this fun session and find out more of what we do.	Late pregnancy onwards.
<b>Baby Massage</b>	Learn gentle massage techniques with your baby. Invitation sent by your local Health Team.	From 6 Weeks
<b>First Friends</b>	Come and play together in a safe and welcoming environment in partnership with community nursery nurses.	Birth to moving around
<b>Growing Friends</b>	Come and Play together in a safe and welcoming environment in partnership with community nursery nurses.	0-5 years
<b>Mini Explorers</b>	Fun filled activities to support your child's learning and development through play. Come and explore a different theme every week	1-3 years
<b>Story &amp; Rhyme Time</b>	Enjoy sharing a story, rhymes and songs together.	0-4 years
<b>Rising Rockets</b>	Come and enjoy activities that will support your child's transition to starting Nursery. Look out for your invitation.	From 2 years
<b>Sensory Fun</b>	Come and enjoy lots of fun (sometimes messy) activities using all your senses - sight, sound, taste, smell, and touch.	6 months - 2 years
<b>Stay &amp; Play</b>	A fun session for you and your child to play and learn new skills with a range of fun filled activities.	0-5 years


**Food Aware Food Bank - ID/Proof of benefits will be required. For further information contact: 01709 717186**



**Light - Light Pre and Postnatal Support group.**

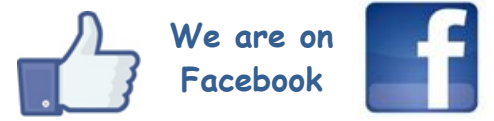


All sessions include activity ideas for you to take home and try - as well as sharing a story, rhymes and songs.



**We also provide a free healthy snack**

Information on services in Doncaster visit The Families Information Service: [www.doncaster.gov.uk/fis](http://www.doncaster.gov.uk/fis)



## SOUTH LOCALITY FAMILY HUB TIMETABLE January - April 2019



**Mexborough Family Hub**  
Wath Road  
Mexborough  
S64 9ED  
Tel: 01302 736869



**Denaby Family Hub**  
School Walk  
Denaby Main  
DN12 4HZ  
Tel: 01302 737436

**Rossington Family Hub**  
Grantham Street  
Rossington  
DN11 0TA  
Tel: 01302 737440

**All Family Hub activities are free of charge.**



**Denaby Family Hub - (Midwife appointments available through the week by phoning 01302 642794)**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Sensory Fun</b> 6m-2 Years 9.30am - 11.00am</p> 	<p><b>Baby Massage</b> 10.00am - 11.00am (By invitation) <b>Mini Explorers</b> 1 - 3 years 1.00pm - 2.30pm <b>Men can cook</b> Men's cookery with Jill 9-30-12:00pm 4 week course Book on at reception</p>	<p><b>Growing Friends</b> 9.30am - 11.00am 0-5 Years only</p>	<p><b>Baby Breakfast</b> 9.30am-11.00am Late pregnancy and new mums &amp; babies. <b>First Friends</b> Birth to moving around the floor only 9.30am - 11.00am</p> 	<p><b>Stop Smoking Pregnancy Clinic</b> 9.00am-12.00pm</p>

**Mexborough Family Hub - (Midwife appointments available through the week by phoning 01302 642 794)**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Growing Friends</b> 0-5 Years only 9.30am - 11.00am</p> <p><b>Sensory Fun</b> 6m-2 Years 1.15pm - 2.45pm</p>	<p><b>Rising Rockets</b> (By Invitation) 9.30am -11.15am</p> <p><b>Baby Massage</b> 1.30pm - 2.30pm (By invitation )</p>	<p><b>Baby Breakfast</b> 9.30am - 11.00am Late pregnancy and new mums &amp; babies. <b>First Friends</b> Birth to moving around the floor 9.30am - 11.00 am <b>Baby Massage</b> 1.30pm - 2.30pm (By invitation )</p>	<p><b>Mini Explorers</b> 1 - 3 years 1.00pm - 2.30pm</p>	<p><b>Child-minders drop-in</b> 9.30am - 11.30am (Term Time Only)</p> <p><b>Food Aware Food Bank</b> 10:00am - 12:00pm</p>

**Rossington Family Hub - (Midwife appointments available through the week by phoning 01302 642 794)**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Baby Massage</b> 9.30am - 11.00am (By invitation)</p> <p><b>AFCL Maths</b> 1.00pm - 3.00pm (Term time only)</p>	<p><b>Sensory Fun</b> 6m-2 Years 9.30am - 11.00am</p> <p><b>Light -(Pre and Post Natal support) weekly</b> 1.00pm - 3.00pm</p>	<p><b>Baby Breakfast</b> 9.30am - 11.00 Late pregnancy and new mums &amp; babies. <b>First Friends</b> Birth to moving around the floor 9.30am - 11.00am</p>	<p><b>Growing Friends</b> 0-5 Years only 9.30am - 11.00am</p> <p><b>AFCL English</b> 9.30am - 11.00am (Term time only)</p> 	

Services delivered by:  
**Blue – Family Hub,**  
**Red – Health Partners**  
**Green – Family Hub and Health Partners**  
**Purple – Other Partners**

Sensory Rooms are available at Mexborough and Rossington Family Hubs - contact the Hub to book a slot and enjoy the sensory experience!



**Edlington Old Children's Centre Building DN12 1PL**

Monday	Thursday
<p><b>Baby Massage</b> 12.30pm - 1.30pm (By invitation)</p> <p><b>First Friends</b> Birth to moving around the floor only 1.30pm - 3.00pm</p>	<p><b>Growing Friends</b> 0-5 Years only 1.00pm-2.30pm</p>
Edlington Library (Martin Wells) DN12 1JD	Edlington Victoria School DN12 1BN
<p><b>Wednesday</b> <b>Story &amp; Rhyme Time</b> 0 - 5 years 9.30am - 10.00am</p>	<p><b>Thursday</b> <b>Mini Explorers</b> 1 - 3 years 9.30am -11.00am</p>
Edlington St John's Church DN12 1AX	Bawtry Mayflower Practice DN10 6RQ
<p><b>Friday</b> <b>Stay &amp; Play</b> 0-5 Years 9.15am - 10.45am</p>	<p><b>Tuesday</b> <b>First Friends</b> 9.30am - 11.00am Birth to moving around the floor only Bawtry Mayflower Practice Porta Cabin</p>
Mexborough Aspire building ( old Council Depot building) S64 ODQ	Mexborough New Life S64 OJL
<p><b>Tuesday</b> <b>Stay &amp; Play</b> 0-5 Years 1-15-2-45 pm</p>	<p><b>Friday</b> <b>Mums and Tots</b> 0 - 5 years 10.00am to 11.30am</p>

**FAMILY HUB OPENING TIMES**

Denaby		Mexborough		Rossington	
Monday	9.00-5.00pm	Monday	9.00-5.00pm	Monday	9.00-5.00pm
Tuesday	9.00-5.00pm	Tuesday	9.00-5.00pm	Tuesday	9.00-5.00pm
Weds	9.00-5.00pm	Weds	9.00-5.00pm	Weds	9.00-5.00pm
Thurs	9.00-5.00pm	Thurs	9.00-5.00pm	Thurs	9.00-5.00pm
Friday	9.00-4.30pm	Friday	9.00-4.30pm	Friday	9.00-4.30pm