

# Parent Workshop

## The Teenage Years

*(From the Solihull Approach Series)*

Free 2 Hour Workshop For Parents & Carer's of  
Teenagers

Learn about Teenage Brain Development  
Teenagers and Risk Taking  
Tips for Supporting your Teenager  
Teenagers and Sleep

A chance to talk to Parent Practitioners & meet  
other Parents.

Wheatley Family Hub:  
Friday 22<sup>ND</sup> March 2019  
11:30 - 1:30pm  
To Book on Call: 01302 341484